



Well-being Hub Police Service

Background

The Police Service of Northern Ireland (PSNI) employs approximately 7,500 full-time regular police officers and 2,700 administrative employees. It recently adopted a new strategic focus on improving employee health and well-being.

Challenge

The PSNI wanted to dramatically improve the health and well-being of their employees. In order to reach this goal they first wanted to educate employees about health and well-being. They also required a solution that would:

- bring together all their well-being action plans, initiatives and resources;
- engage and empower managers to take an interest in the health and well-being of their staff;
- provide access to external well-being resources and support, thereby engaging and empowering employees to improve their health and well-being; and
- be completely confidential.



Solution

Designed and built by Aurion Learning, with specialist content provided by Emtel, **the well-being hub** is an innovative online support system designed to boost employee health and well-being. **The well-being hub** helps organisations to design and deliver an effective well-being strategy and consolidate all their well-being initiatives and resources in a central online portal that can easily be accessed by managers, administrators, well-being champions and employees.

The well-being hub is easy to use, deploy and content manage. It offers employees a completely confidential and secure online environment to manage their well-being. Employees enter the site using a password protected login, ensuring client confidentiality and providing easy access both at home and at work.

The well-being hub allows organisational leaders to demonstrate a genuine concern for employee well-being, but at the same time empowers individuals to take control of their own health and well-being.

Clients Say:

"The well-being hub has greatly improved our ability to extend comprehensive health and well-being support to all members of the PSNI family."

Dr. Geoff Crowthers
Occupational Health & Well-Being, PSNI

Features include:

- Events calendar
- Blog and photo gallery
- Organisational resources (contacts, policies and forms)
- Nationwide health and well-being service directory
- Interactive well-being health checks
- Key contacts
- Online learning community
- Leader's toolkit (to help managers recognise and manage stress in others)
- Well-being and relaxation tools
- Well-being advice
- Health encyclopaedia
- Well-being tips
- FAQs.



Leader's Toolkit

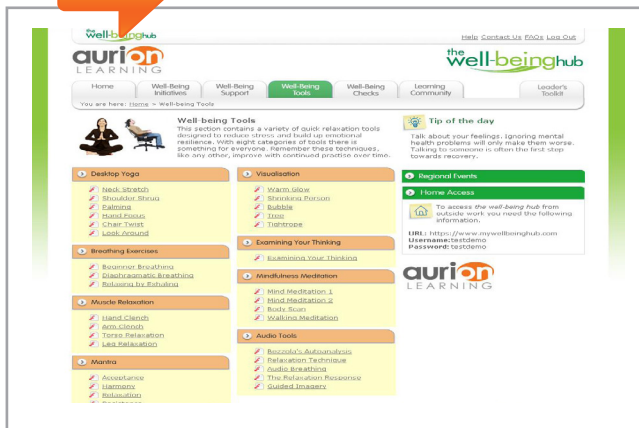
Outcomes

The Police Service can now inform, communicate and update their employees on key well-being policies, procedures and initiatives through a central well-being hub. Employees are kept up-to-date on well-being events and can access internal and external health and well-being advice, health checks, well-being tools and a learning community.

By empowering and engaging leaders to become an active part of the solution, the PSNI has dramatically improved health support throughout the workforce.

Finally, **the well-being hub** has encouraged employees to get involved in well-being initiatives, fund-raising activities and health eating schemes.

Well-being Tools



Well-being Support



Want to find out more?

Call us on +44 (0)28 9064 3211 or email info@aurionlearning.com