

All About Us

Learning Resource for FPA

Background

The Family Planning Association (FPA) is a registered sexual health charity which champions the importance of good sexual health for everyone. It educates, informs, supports and campaigns for people across the UK.

FPA wanted to develop a learning resource to educate people with moderate to medium learning disabilities about sex, relationships and sexual health.

Challenge

FPA asked us to work with them to produce an innovative learning resource for people with learning disabilities that they could use on their own or with the help of a family carer or support worker.

This was a big undertaking for us because we knew we had to deliver very important learning content in a way that was sensitive and meaningful, yet easy for people with learning disabilities to understand. It was also the first time that such a resource had been developed.

Solution

Using the twenty years of specialist experience that FPA has in delivering relationships and sexuality education (RSE) to people with learning



disabilities in the community, and our technical expertise, we were able to produce our unique visual and interactive CD-ROM **All About Us**.

All About Us uses, words, pictures, animations and storylines to deliver learning content on five areas:

- Learn all about us (growing up, emotions and being a man/being a woman)
- Learn about women (periods, public and private spaces and masturbation)
- Learn about men (wet dreams, public and private spaces and masturbation)
- Learn about relationships (good touch bad touch, sexual relationships and how babies are made)
- Learn about sexual health (contraception and sexually transmitted infections (STIs).

It complements relationships and sexuality education (RSE) in the home, school, and other learning environments.



All About Us was awarded a prestigious Silver Award for Excellence in educational content in the E-Learning Awards 2009. It also won a Charity Award 2010.

Want to find out more?

Call us on +44 (0)28 9064 3211
or email info@aurionlearning.com

Clients Say:

This resource was developed in response to need identified by people with learning disabilities, their carers, support workers and professionals whom they encounter in their daily lives. It was a challenge for FPA and Aurion to get it right in terms of content, design and accessibility. The challenge would have not have been met if an effective and successful partnership between FPA and Aurion had not been established. A partnership which was underpinned by a commitment to people with learning disabilities.

Dr Audrey Simpson OBE,
Director of FPA in Northern Ireland